

Weekly Walking Into Wellness



Join us for a weekly
walk around our
beautiful
community!



Where does the walk begin?

The parking lot of Northwest Bergen Regional Health Commission
20 W Prospect St., Waldwick, NJ 07463

When do you walk?

Every Wednesday beginning May 15, 2024 through the fall
*Weather permitting

What time do you walk?

5:30 PM

All ages are welcome!

***Minors must be accompanied by an adult**